The PADDI-5 is a comprehensive interview based on the DSM-5 for identifying co-occurring mental health and substance use disorders among adolescents. This interview enables both addiction and mental health professionals to document problems within their areas of expertise and make focused referrals for conditions outside their scope of practice.

The PADDI-5 covers the following areas in accordance with the DSM-5:

- Substance use disorders
- Major depressive episodes
- Manic episodes
- Panic attacks
- PTSD
- ADHD
- Conduct disorder
- Oppositional defiant disorder

Also covered in the context of this 35-45 minute interview are:

- Dangerousness to self or others
- Victimization: physical, sexual and emotional abuse
- Symptoms indicative of psychosis
- Indications of phobias and generalized anxiety

All this information can be collected and summarized in this efficient and client-friendly interview designed by experts in assessment and clinical practice. The flow of the interview can actually contribute to the development of rapport with the adolescent.

**Applications:**

- Initial evaluation of co-occurring mental health and substance use disorders in adolescents.
- Excellent for use in juvenile justice, mental health and addiction treatment settings and court diversion.
- Can be used in clinics, treatment centers and private practices.
- Can be repeated to determine adolescent’s progress.
- Used for monitoring affective and anxiety disorders.
**Benefits:**

- Fully compatible with DSM-5; but can also address DSM-IV.
- Appropriate for both private practice and public settings: Administration (35-50 minutes) and scoring (less than five minutes) can be completed during a typical outpatient interview or intake.
- Convenient means of documenting and reporting findings.
- Administration does not require special training for licensed clinicians.
- Technicians and paraprofessionals can administer the interview with minimal training.
- Findings from the PADDI-5 can inform Dimensions 1, 3, 5 and 6 of ASAM’s criteria.